

Rockbrook Village

393-0252

Old Fashioned

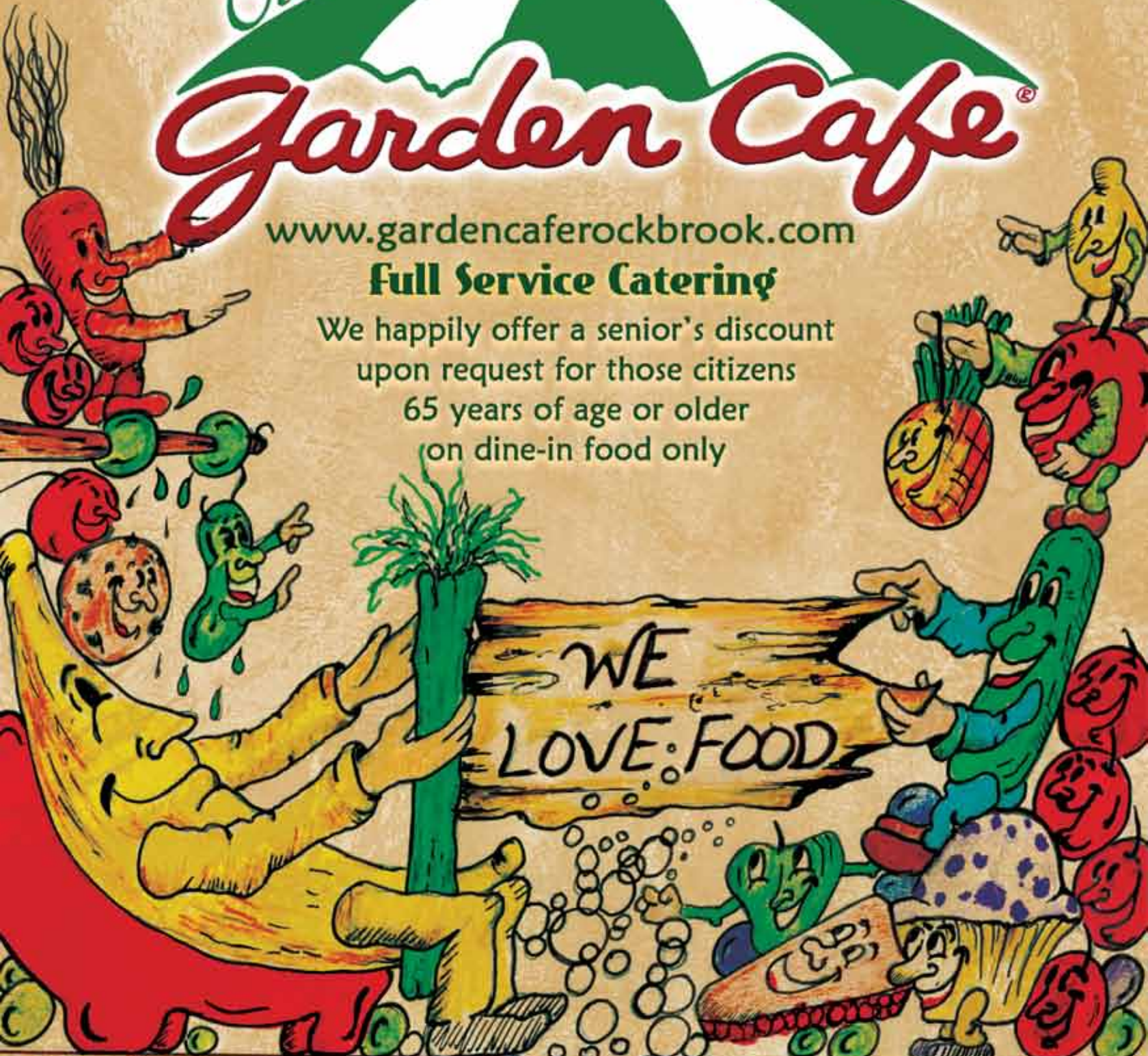
MIKE GROSSMAN 11/6/2009

Garden Cafe®

www.gardencaferockbrook.com

Full Service Catering

We happily offer a senior's discount
upon request for those citizens
65 years of age or older
on dine-in food only



Beverages



By the Glass

Hot Tea (w/honey & lemon) 1.99

Milk (by the glass) sm 1.29 lg 1.99

Juice (by the glass) sm 1.29 lg 1.99

Flavored Coffee (By the pot) 4.99

Smoothies 
(mango mania or strawberry bomb) 3.99

Free Refills

 **Coffee** 1.89

Soda Pop (ask about our variety) 2.19

Cappuccino 2.99

Hot Chocolate 2.99

Iced Tea (freshly brewed) 1.89

Cafe Classic Lemonade 2.99

Raspberry Lemonade 2.99

Memphis Tea
(lemonade and iced tea) 2.99





Build Your Own

Build Your Own Breakfast 3.99

two eggs, any way you want them served with your choice of bagel, english muffin or toast (white, wheat, sourdough, raisin, cinnamon or marble rye)

ADD ANY OF THE FOLLOWING TO CREATE YOUR OWN BREAKFAST

Garden Potatoes 1.29	Ham Steak 3.19	Pancake (1) 1.69 (2) 2.69
Add One Egg 1.29	Bacon (1) 1.29 (2) 1.99	French Toast (1) 1.69 (2) 2.69
Fresh Fruit 2.49	Sausage (1) 1.29 (2) 1.99	Toast (1) .99 (2) 1.69
Cinnamon Roll 2.79		Muffin 1.39

substitute cholesterol free eggs ~ .50 extra

Eggciting



toast selections: sourdough, wheat, raisin, cinnamon, marble rye or white
our fluffy buttermilk pancakes are made fresh from scratch daily

substitute cholesterol free eggs ~ .50 extra

The Dove

one egg, served any style, one strip of bacon and one slice of toast of your choice 3.29

Working Man's

a six ounce sirloin steak, two eggs any style, two buttermilk pancakes, garden potatoes and your choice of toast 8.99

Hired Hand

our homemade chicken fried steak, two eggs any style, garden potatoes and your choice of toast 9.49

Rancher's Burrito

scrambled eggs, pepperjack cheese, sausage, onions and green peppers stuffed in a flour tortilla, topped with sour cream, tomatoes and black olives, served with salsa & garden potatoes 7.99

Ranch Hand

a six ounce ham steak, two eggs any style, two buttermilk pancakes, garden potatoes and your choice of toast 8.99



Eggscetera

substitute cholesterol free eggs ~ .50 extra

Eggstacy

two over-hard eggs, bacon slices, american cheese, lettuce, tomato and mayo on toasted white bread, served with garden potatoes 6.99



Eyes Wide Open

a mound of corned beef hash next to a mound of garden potatoes topped with two eggs any style, with two buttermilk pancakes 8.99

Works Scramble

scrambled eggs, ham, bacon, sausage, tomatoes, green peppers, mushrooms, broccoli, onions and cheese with a hot 'n gooey cinnamon roll 7.99

Oatmeal with Raisins

a hearty bowl of oatmeal with brown sugar, raisins, and fresh sliced banana 3.99

Sunrise Bagel

scrambled eggs, ham and cheese on a bagel, with fresh seasonal fruit 7.99

Peasant Fruit

fresh seasonal fruit served with a bakery fresh muffin 6.99

The Hawk

diced ham blended with scrambled eggs, served with a hot 'n gooey cinnamon roll 6.99

Cafe Benedict

two over-easy eggs, ham and creamy hollandaise over a toasted english muffin, with fresh seasonal fruit 7.49

Old Timers

two biscuits stuffed with sausage patties then smothered with sausage gravy 5.99 add garden potatoes and gravy for 1.29

Side Orders



Pecan Roll 3.99
Cinnamon Roll 2.99
English Muffin 1.79
French Toast (1) 2.49 (2) 3.49
Pancakes (1) 2.49 (2) 3.49

Buttery Croissant 2.99
Cereals (served with banana) 3.29
Sausage (2 patties or 3 links) 2.49
Bakery Fresh Muffin 1.59
Toast (sourdough, cinnamon, raisin, wheat, marble rye or white) (1) 1.09 (2) 1.89

Egg (1) 1.39
Garden Potatoes 2.49
Fresh Fruit 3.29
Ham Steak 3.79
Bacon (1 slice) 1.29 (2 slices) 1.99 (3 slices) 2.49

Skillets



made with fresh sliced garden potatoes deep-fried to perfection then seasoned and topped with ingredients to please any appetite, accompanied with two fluffy made from scratch buttermilk pancakes



Heavy Hitter
scrambled eggs blended with diced bacon, diced ham and vegetables, then topped with american cheese, served with two strips of bacon and two sausage links 9.99

Home Run

scrambled eggs blended with diced ham and your choice of cheese then topped with hollandaise sauce 7.99

Slugger

scrambled eggs with chunks of chicken fried steak and diced onion, then topped with our sausage gravy 8.99



Pan Omelettes

our famous fluffy pan omelettes all begin with three extra large eggs and your choice of cheese (monterey jack, swiss, american, cheddar, pepperjack or mozzarella)



Prince Charles

diced chicken, broccoli, onions and almonds topped with monterey jack cheese and hollandaise sauce 5.99

San Francisco

diced ham, broccoli, fresh tomatoes, onions and jack cheese topped with hollandaise sauce 6.29

Santa Fe

diced sausage, tomatoes, green peppers, black olives and onions topped with monterey jack cheese and sour cream 5.99

Cheese

our fluffy omelette loaded with your choice of cheese 4.99

The Denver

diced ham, green peppers, onions, mushrooms, fresh tomatoes and american cheese 6.29

The Rooster

a classic... ham and your choice of cheese 5.79



Heart Healthy

cholesterol free eggs with choice of two: turkey, mushrooms, broccoli, green peppers, tomatoes, artichoke hearts, chopped spinach, chili con carne or mozzarella cheese 5.99

Garden Fantasy

this omelet is filled with fresh steamed seasonal vegetables, onions, fresh tomatoes, mushrooms and artichoke hearts, then topped with monterey jack cheese and hollandaise sauce 5.79

ADD ANY OF THE FOLLOWING TO YOUR OMELETTE

Garden Potatoes 1.29
Add One Egg 1.29
Fresh Fruit 2.49
Cinnamon Roll 2.79

Ham Steak 3.19
Bacon (1) 1.29 (2) 1.99
Sausage (1) 1.29 (2) 1.99

Pancake (1) 1.69 (2) 2.69
French Toast (1) 1.69 (2) 2.69
Toast (1) .99 (2) 1.69
Muffin 1.39

substitute cholesterol free eggs ~ .50 extra

Garden Griddle



add three strips of bacon and one egg any style to any entrée item at regular price for 2.99



Heart French Toast

who can resist two slices of our homemade bread (sourdough, wheat or white) dipped in cholesterol free eggs, served with fresh seasonal fruit, low cal syrup and margarine 6.49

The Parrot

three slices of french toast dipped and griddled golden, served with whipped butter and warm syrup, choose from our homemade breads 4.79 (cinnamon, sourdough, raisin, wheat or white)



The Goose

one belgian waffle served warm with maple syrup and one strip of bacon 5.99

The Red Cardinal
one egg any style, one strip of bacon and two slices of raisin bread french toast 5.49

Grand Floridian Waffle*

golden waffle topped with the season's freshest fruits and whipped cream, served with warm maple syrup 7.99
* fruits may vary by season

The Ostrich

three fluffy made from scratch buttermilk pancakes with whipped butter and maple syrup 4.79 with blueberries ~ add .79



App-e-teasers



Chicken Twisters

a basket of breaded chicken tenders served with one dipping sauce 6.99

Spin Dippers

five slices of toasted garlic bread served with our delicious spinach artichoke dip 6.99

Mozzarella Dippers

mozzarella cheese italian breaded, fried golden brown and served with marinara sauce for dipping 5.99

Three Cheese Quesadilla

monterey jack, cheddar and american cheese sandwiched between two grilled flour tortillas, served with sour cream and salsa 5.99
w/ taco meat ~ add 1.29
w/ grilled chicken tenders ~ add 1.29

Onion Straws

thin strips of onions, batter dipped, then deep-fried golden, served with ranch dressing 5.99



Mr Gardener's Salads

served with your choice of a homemade dinner roll or a bakery fresh muffin

Crispy Chicken

hand breaded chicken tenders deep-fried golden, sprinkled with almonds and served on a bed of lettuce with honey mustard dressing, served with fresh seasonal fruit 8.49



Peasant

a bed of crisp lettuce topped with bacon, red onion, croutons, monterey jack cheese and ranch dressing 5.99

CW's Salad

mixed greens with strawberries, kiwi, grilled chicken tenders, almonds and croutons, served with raspberry vinaigrette dressing 8.49

Fiesta Taco

taco meat, chili con carne, lettuce, tomatoes, american cheese, sour cream, guacamole and black olives in a crisp tortilla shell, sided with salsa 8.49

Chicken BLT

mixed greens topped with grilled chicken tenders, bacon, tomatoes, croutons, monterey jack cheese and ranch dressing 7.99

Gardener's Chef


atkin's friendly... ham, turkey, american cheese, hard boiled egg, green peppers, tomatoes, black olives and croutons on a bed of lettuce, with your choice of dressing 8.29

Spinach Salad*

fresh, crisp spinach leaves, bacon, red onion, mushrooms and black olives with spinach dressing served on the side 7.49
with grilled chicken ~ add 1.29
* this is a seasonal item

Gram's Country Chicken

atkin's friendly... grilled chicken tenders, almonds, red onion, tomatoes, celery, croutons and lettuce, served with honey mustard dressing 7.99

dressings:  ranch, thousand island, dorothy lynch, bleu cheese, honey mustard, spinach or caesar... fat free dressings: italian, ranch or raspberry vinaigrette

Hidden Valley © Original Ranch © is a registered trademark of Hidden Valley Foods.



Soup



Soup, Salad and Muffin Combo

a bowl of today's hot 'n homemade soup, a crisp garden salad and a bakery fresh muffin 7.49

Soup du Jour

Steve makes our famous homemade soups daily using only the freshest ingredients, chili is served everyday and there is no charge for cheese and onions
cup 3.59 bowl 4.59 bread bowl 5.59



Sandwiches & Burgers

our little twist on the ordinary ~ served a la carte



Italian Meatballs

five italian meatballs, mozzarella cheese and marinara sauce served on a grilled hoagie then sprinkled with parmesan cheese 6.49

Cafe Club

triple-decked with bacon, ham, turkey, american cheese, crisp lettuce, fresh tomatoes and mayonnaise on toasted marble rye 6.79

Omaha Reuben

tender corned beef, swiss cheese and sauerkraut, grilled and served on marble rye, sided with 1000 island dressing 6.79

Monte Cristo

turkey, ham and swiss cheese on french dipped marble rye, grilled and sprinkled with powdered sugar, served with a raspberry compote 6.79

Philly Steak

sirloin strips with sautéed onions, mushrooms, green peppers and swiss cheese, served on a hoagie with leaf lettuce and mayonnaise 7.49

French Dip

thin sliced roast beef piled high on a hoagie bun, served au jus 7.49
make it a melt for only .99 extra

Pork Tenderloin

this tenderized, breaded pork loin is deep-fried golden brown, served with crisp lettuce, onion and mayonnaise 6.99

Zesty Chicken

a grilled breast of chicken topped with bbq sauce, two strips of bacon and cheddar cheese 6.99

Nebraska Burger Burger

two grilled half pound burgers with lettuce, tomato and onion... the burger of champs 8.49

BBBBBLT

five strips of thick cut bacon, lettuce & tomato on toasted white bread 5.99
make it a melt for only .99 extra

Monterey Chicken Melt

grilled or "freshly breaded" chicken breast with ham and monterey jack on grilled sourdough 7.29

Veggie Melt

fresh steamed seasonal veggies, artichoke hearts, mushrooms, onions, tomatoes and monterey jack cheese on grilled sourdough 5.99



Zesty Burger

half pound burger with bbq sauce or heinz 57 sauce, cheddar, bacon, lettuce, tomato and onion 6.99

Patty Melt

this half pound, juicy beef patty is grilled medium well with swiss cheese and sautéed onions, served on grilled marble rye 6.99

Cafe Burger

our half pound burger grilled medium well, served with lettuce, tomato and onion 6.29

Mushroom Swiss Burger

half pound burger with swiss cheese and sautéed mushrooms, presented with lettuce, tomato and onion 7.29

Gourmet Tuna Melt

tuna salad with american, parmesan and monterey jack cheese on grilled marble rye bread 6.49

Grilled Cheese

choice of grilled bread with three slices of melted american cheese inside 5.49
add ham for 1.29

Cold Cut Sandwich

your choice of turkey, ham or roast beef served with lettuce and tomato on your choice of bread 5.99
sub a croissant add .50



ADD ANY OF THE FOLLOWING TO YOUR SANDWICH, BURGER OR MELT

Garden Potatoes 1.29	Fresh Fruit 2.49	Muffin 1.39
French Fries 1.39	Side Salad 2.49	Stir Fry 2.39
Onion Straws 2.29	Soup cup 2.49	Dressing .79
Potato Chips .99	bowl 3.49	Bacon 1.29
Cheese (Monterey Jack, American, Cheddar, Swiss, Mozzarella, Pepperjack) .99		



Hometown Favorites



Heart Turkey Melt

sliced turkey, melted mozzarella, fresh tomatoes and red onion on grilled wheat bread, served open-faced with fresh seasonal fruit 6.99

Hot Beef

pot roast, real mashed potatoes and beef gravy, served on white bread 8.99
junior size 6.99

Cafe Classic

a favorite since 1985... generous scoop of our homemade chicken salad served with fresh fruit and a hot 'n gooey cinnamon roll 7.49

Chicken or Tuna Salad

homemade chicken or tuna salad on your choice of bread, served with fresh seasonal fruit 7.49

Half Sandwich Combo

half a cafe club, french dip, omaha reuben, monte cristo, chicken salad or tuna salad sandwich with choice of a garden salad, a cup of soup or fresh fruit cup 7.29



Heart Chicken Fillet

grilled chicken breast, lettuce and fresh tomatoes served on a bun with a side of mayonnaise and fresh seasonal fruit 7.99



Garden Potato Casseroles

one potato, two potato, three potato, four

our famous potato casseroles begin with sliced garden potatoes grilled golden and then topped with the freshest ingredients, served with your choice of a dinner roll or muffin

add a fresh garden salad or a cup of homemade soup for 2.49

add an egg for 1.29



add cheese .99 extra
add a veggie .79 extra
add dressing .79 extra
add meat 1.29 extra



Junior Regular

Rockbrook- grilled chicken tenders, mushrooms, white and red onions, tomatoes, monterey jack cheese and ranch dressing

7.99 9.99

Acapulco- spicy taco meat, chili, tomatoes, black olives, onions, jalapeño cheese and sour cream, with salsa on the side

7.99 9.99

Kansas City- sirloin strips cooked medium rare, onions, mushrooms, fresh tomatoes and monterey jack cheese

7.99 9.99

Denver- this one started it all... ham, onions, green peppers, mushrooms, fresh tomatoes and american cheese

7.99 9.99

New Hampton- grilled chicken tenders, onions, monterey jack cheese and creamy hollandaise

7.99 9.99

San Francisco- ham, broccoli, onions, fresh tomatoes, monterey jack cheese and creamy hollandaise

7.99 9.99

Garden Fantasy- seasonal vegetables, tomatoes, mushrooms, onions, artichoke hearts, monterey jack cheese and creamy hollandaise

7.99 9.99

Buffalo- hand breaded chicken tenders, jalapeños, onions, tomatoes, pepperjack cheese, ranch dressing and buffalo sauce

7.99 9.99

Omaha- ground beef, mushrooms, onions, fresh tomatoes, american cheese and pickles

7.99 9.99

Cheyenne- chicken fried steak, onions, mushrooms, corn and sausage gravy

7.99 9.99



Healthy- for the heart conscious... steamed garden potatoes, grilled chicken tenders, broccoli, tomatoes, onions, green peppers, mushrooms and mozzarella cheese with a dinner roll, an oat bran muffin or low fat muffin

7.99 9.99



Country Noodles



K. C. Beef Lover's Noodles- pan sautéed german noodles, sirloin tips grilled medium rare, onions, mushrooms, tomatoes, black olives, sour cream and beef gravy

8.99 10.99

Mom's Classic Noodles- pan sautéed german noodles, grilled chicken tenders, onions, mushrooms, corn & peas in our homemade roasted chicken gravy

8.99 10.99



Cafe Dinners



served with a fresh garden salad and a dinner roll or bakery fresh muffin
make it a caesar salad for .99 ~ loaded baked potatoes available after 5:00 pm only

Chicken Parmesan

a "freshly breaded" chicken breast topped with melted mozzarella cheese and a hearty marinara sauce, served on a bed of fettuccine with garlic toast 10.99

Melt-A-Way Pot Roast

a generous portion of our slow roasted pot roast served with mashed potatoes and gravy, includes our vegetable of the day 9.99

Petite Top Sirloin

our six ounce petite sirloin is the perfect fit, cooked just right, served with today's vegetable and your choice of a loaded baked potato or cracked black pepper fries 11.99
add three golden fried shrimp for 2.99 extra

Sides

- Green Beans or Corn** 2.49
- Fresh Stir-Fry Veggies** 3.49
- Loaded Baked Potato**
after 5:00 pm only 2.99
- Garden Salad** 3.29
- Garden Potatoes** 2.49
sliced and grilled golden
- Fries or Mashed Potatoes** 2.49
- Dinner Fruit** 3.29

Smothered Burger Steak

a long time favorite with our customers... prime nebraska beef cooked medium well with grilled onions and mushrooms, served with today's vegetable, mashed potatoes and gravy 9.99

Mom's Fettuccine and Meatballs

fettuccine noodles tossed with a hearty marinara sauce and five savory meatballs, served with garlic toast 9.99

Polynesian Chicken

a grilled breast of chicken smothered with diced mushrooms, onions, mandarin oranges and pineapple, topped with a teriyaki glaze, served with today's vegetable and rice 9.99

Pan Fried Chicken Breast

a plump, juicy breast of chicken "freshly breaded", pan fried and served with mashed potatoes, roasted chicken gravy and today's vegetable 9.99

Shepherd's Country Pie

ground beef, corn, sautéed onions, mashed potatoes and beef gravy in a bread bowl, sprinkled with cheddar cheese 9.99

San Francisco Chicken

grilled chicken breast smothered with sliced ham, onions and steamed broccoli, topped with monterey jack cheese and hollandaise, served with today's vegetable and rice 9.99



Lemon Pepper Tilapia

lemon pepper seasoned, flaky tilapia served with rice pilaf and today's vegetable 9.99

Liver and Onions

beef liver sautéed and topped with bacon, onions and beef gravy, served with mashed potatoes and today's vegetable 8.99

Cafe Classics

add a fresh garden salad or cup of homemade soup for 2.49 extra

Homemade Chicken Fried Steak

tenderized and breaded beef steak deep-fried and served with mashed potatoes, sausage gravy, today's vegetable and a dinner roll 8.99



Fish and Chips

flaky pollock fillet batter dipped then deep-fried, served with french fries and tartar sauce 8.49

Soup and Cinnamon Roll

you can't get better than this... a bowl of today's homemade soup and a hot 'n gooey cinnamon roll 6.49

Teriyaki Garden Stir Fry

seasonal, fresh, bite sized veggies sautéed with a teriyaki sauce, served on a bed of rice 6.49
with grilled chicken tenders or grilled sirloin tips 7.99

Chicken Tender Basket

"freshly breaded" chicken tenders served with french fries, a homemade dinner roll and your choice of ranch dressing, bbq sauce, honey mustard dressing or buffalo sauce 7.99

LITTLE MEALS!



over 12...(no senior discounts)
you may substitute fruit for fries where applicable for 1.00

Breakfast 3.29

1. **Junior J** ~ three mini pancakes, one egg any style and one sausage link
2. **Little Rooster** ~ ham and cheese omelette served with a strip of thick bacon
3. **Super Stack** ~ all you can eat mini pancakes
4. **Kid's French Toast** ~ two slices and a banana
5. **Cereal** ~ served with a banana
6. **Small Oatmeal** ~ served with a banana
7. **Pigs in a Blanket** ~ two links rolled up in two pancakes, served with a scrambled egg
8. **Little Goose** ~ half a belgium waffle
9. **Breakfast Sandwich** ~ one scrambled egg and one sausage patty served on a biscuit
10. **Biscuit and Gravy** ~ served with hashbrowns



Little Drinks 1.29 a glass...no refills

Juice Juice (Apple, Cranberry or Orange)

Milk (2%, Skim or Chocolate)

Soda (Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Mug Root Beer, Dr. Pepper, Diet Dr. Pepper, Raspberry Iced Tea)

Lemonade (Raspberry or Regular)

Dinner 4.99

11. **Ham & Cheese Potato Casserole** with a dinner roll
12. **Little Chicken Parmesan** with garlic toast
13. **Corn Dog Bites** with fries
14. **Chicken Platter** two pcs chicken with fries
15. **Fettuccini and Meatballs** in a red sauce
16. **Chicken Fettuccini** in a white sauce
17. **Fish & Chips** two pcs pollack, fries and tartar sauce
18. **Mozzarella Cheese Dippers** with garlic toast
19. **Chicken Twisters Basket** with fries
20. **Pot Roast and Taters** smothered in gravy

This and That 3.99

21. **Naked Noodles** with parmesan butter
22. **Grilled Cheese** with fries
23. **Mini Burgers (2)** with fries (add cheese for .99)
24. **Fresh Fruit Bowl** seasonal fruits
25. **Hot Ham & Cheese Sandwich** on white bread with fries
26. **Turkey Cold Cut** on white bread with fries
27. **Mini Meatball Bites (2)** with fries
28. **Kraft Macaroni & Cheese** with fries
29. **Lil' Chicken Sandwich** with fries
30. **Lasagna Rollups** (meat or cheese) with garlic bread

Two Party Rooms Available
seating up to 100 ppl



Healthy Fare

Look for the Selections with a Heart

In cooperation with Methodist Health System, we are pleased to offer a menu with healthy food choices, which are approved by dieticians and are lower in calories, fat and sodium. For more information, call Health Touch One at 331-1111 or (800) 273-3737.

A 20% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE

Simplet WE PROUDLY SERVE THE FOLLOWING BRANDS: *Campbell's*



Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of foodborne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.